

Adult Skills & Vocational Training



Milestone's Adult Training Programs are provided at the Milestone Riverside Day Program in Pittsburgh's Lawrenceville neighborhood.

Milestone's Adult Training programs assist each person in becoming as independent as possible in the development of practical and useful skills.

- Programming for our persons supported with developmental disabilities is highly individualized, planned and coordinated.
- Focus is placed on safety and community awareness, understanding and responding to basic safety issues, such as fire drills and seeking emergency help.
- Milestone focuses on practical, everyday living skills. Participants work individually and in groups with experts who tailor activities to individual interests and abilities.
- Persons supported at Milestone are prepared for community opportunities and community living, including cooking, laundry, self-care and independence.
- Our program provides enrichment in communication, work skills and community awareness.

Did you know?

Milestone staff and clients are trained in the Sanctuary® Model – a guide for creating and maintaining a safe, democratic environment where healing occurs. Sanctuary focuses on healing from trauma, such as loss, stress or adversity, and provides a welcoming environment for our clients, their families and our staff.

For more information, please contact:
Adult Training programs: 412-374-9052

Milestone Centers provides a multifaceted approach to total care. Society can learn a lot from people with disabilities; while we may teach them about basic aspects of daily living, they can also teach us much about humanity. It is a mutually beneficial relationship.

When you remove the labels, you simply have PEOPLE.



Milestone's goal for individuals we serve is for them to realize their greatest potential by working on meaningful outcomes while emphasizing self-reliance.